PROBLEM:

A linear time-invariant system has system function

Determine the output, y[n] for $-\infty < n < \infty$.

$$H(z) = (1 + z^{-1})^2$$

The input to the system is $x[n] = 10\cos\left(\frac{\pi}{2}n + \frac{\pi}{4}\right) + 5\delta[n-4]$