Convert the following to rectangular form:
(a) $z=3 e^{j(3 \pi / 4)}$
(b) $z=10 e^{-j(\pi / 2)}$
(c) $z=4 \angle-(\pi / 3)$
(d) $z=10 \angle(-11 \pi)$

Give numerical values for the real and imaginary parts.

