Convert the following to rectangular form:
(a) $z=\sqrt{2} e^{j(5 \pi / 4)}$
(b) $z=5 e^{-j(3 \pi / 2)}$
(c) $z=2.4 \angle(2 \pi / 3)$
(d) $z=5 \angle(-7 \pi)$

Give numerical values for the real and imaginary parts.

